



Empowering Educators: How California Montessori Project and Nivati Partnered to Foster Mental Health and Wellbeing for Lasting Impact in Education

Objectives

Teachers face high burnout and often struggle to take time for themselves. California Montessori Project was no different. When they reached out to Nivati, their goal was to reduce burnout, lower stress, and promote self-care at their schools.

Solution

California Montessori Project partnered with Nivati to provide comprehensive wellbeing and mental health benefits to teachers and staff across their different campuses. By partnering closely with Nivati, they were able to create a custom rollout plan and integrate Nivati into their benefits, providing valuable mental health and wellbeing resources to their staff.

At a Glance

Challenges

- Reaching faculty who are not often on their laptops or emails
- High burnout and high stress work
- Teachers with limited schedules

Results

- 88% employee enrollment in Nivati.
- Faculty and staff participating in live sessions across all categories.
- Nivati resources integrated into California Montessori Project's communication tools and cadences.
- ~10% increase in live sessions booked from year one to year two



"Thank you so much Nivati for helping continue to highlight the importance of overall wellbeing for our staff and partnering with us on this journey."



Sonsie Hopper

HR Coordinator
California Montessori Project



Testimonials from California Montessori Project staff

"She really guides our sessions. It's nice not feeling like I have to lead."



"I had one question that was answered excellently. I thought I was done but we started talking about other things I didn't even know I needed and [Provider] gave me some extra tips which helped so much! I love this financial help that's free from my employer! It is something I wouldn't go do on my own. But I realized I needed it after getting it. Thanks for the help."

"Our Nivati rep is so helpful and responsive to our team and our employees."

"Love her! So helpful"